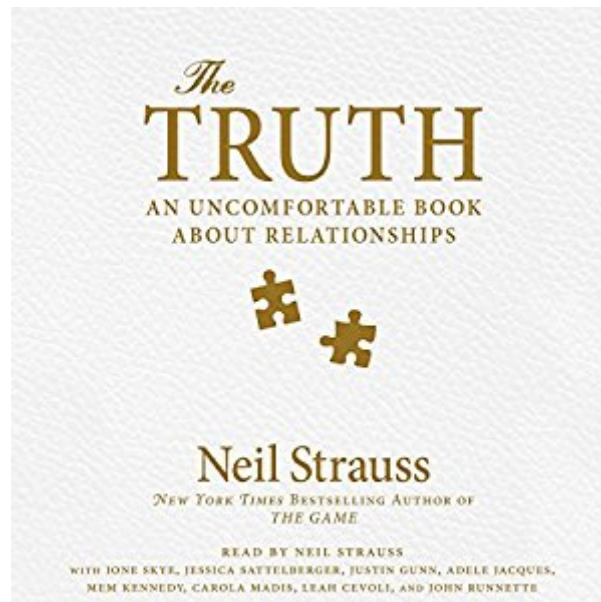


The book was found

# The Truth



## Synopsis

From the author of the blockbuster best seller *The Game*: a shockingly personal, surprisingly relatable, brutally honest memoir in which the celebrated dating expert confronts the greatest challenge he has ever faced: monogamy and fidelity. Neil Strauss became famous to millions around the world as the author of *The Game*, a funny and slyly instructive account of how he transformed himself from a scrawny, insecure nerd into the ultraconfident, ultrasuccessful "pickup artist" known as Style. The book jump-started the international "seduction community" and made Strauss a household name - revered or notorious - among single men and women alike. But the experience of writing *The Game* also transformed Strauss into a man who could have what every man wants: the ability to date - and/or have casual sex with - almost every woman he met. The results were heady, to be sure. But they also conditioned him to view the world as a kind of constant parade of women, sex, and opportunity - with intimacy and long-term commitment taking a backseat. That is until he met the woman who forced him to choose between herself and the parade. The choice was not only difficult, it was wrenching. It forced him deep into his past, to confront not only the moral dimensions of his pickup lifestyle but also a wrenching mystery in his childhood that shaped the man he became. It sent him into extremes of behavior that exposed just how conflicted his life had become. And it made him question everything he knew about himself, and about the way men and women live with and without each other. He would never be the same again. Searingly honest, compulsively listenable, this new book may have the same effect on you.

## Book Information

Audible Audio Edition

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## Customer Reviews

This is an easy 5 stars. I've always been impressed by Neil Strauss and his brilliant observations on the lives of others. But in this book, he goes deep within himself to discover the answer to a question that so many guys face when committing to a long term relationship, "is monogamy natural?" What he discovers is so much deeper than I had anticipated. It was something unresolved rooted in his childhood that festered into his adulthood. This book isn't only an exploration of alternative relationships sometimes considered "taboo." No. It's so much more than that. It's a journalistic view into the field of modern psychology. More specifically, a view into addiction therapy that stretches far beyond the 12 step program. Who better to act as a tour guide through the world of psychotherapy and alternative relationships than the man who brought us *The Game*? He dives headfirst into places most are afraid to swim. He then reports to the rest of us what he sees. There's few self-improvement writers that are as sincere and genuine as Strauss. And not to mention smart. At top of it all, this book is also a love story about a man and woman so damaged by their past that lose what they valued the most: each other. Through a painful, but enlightening string of events, they find themselves outside of their damaged relationship. But is it too late for them to ever trust and love each other again? Read *The Truth* and find out for yourself. You'll be glad you did!

I couldn't put this book down. It was an incredible read into an authentic journey of the author and, not unlikely, other men who are not as eloquent in being able to express what Neil has shared. I highly recommend reading it once, if not twice. It's not a self-help book with the right or wrong things to do - rather it leaves the reader making his/her own choice on how to evaluate his/her own beliefs and choices - just as Neil did with the varied paths to revelation that he did.

I loved the cadence of this book, a lot of books similar tend to drag and drag with no real arc. Neil absolutely hits the nail on the head about past trauma affecting adulthood. I have learned a lot and would recommend this to anyone who wants to be a better person in their relationship but just can't figure out how to change.

4 1/2 star interesting book. Very thought provoking. One minute your thing wow that's my problem and the next your like wow not so much but this guy is very intuitive. Good read.

Life is not a problem to be solved, it is a journey to be enjoyed. I have vicariously enjoyed Neil's journey as he documents it in his books. I am happy for him that he has found his truth and grateful

for this amazing book that has given me greater insight into my life and relationships. A must read for any type of person.

I wish there was a 4.5 rating . Most of this book is excellent. Filled with great insight and well written. Some of the sexual parts come off as gratuitous and don't really advance the story.I will be recommending this book to friends. I think it's an awesome look into the male relationship mind.

A book everyone should read before entering a serious relationship....Wish this book was published 35+ years ago!

Amazing book. Highly recommended. I do not read books to the end and it feels good that I learned something about myself, I can finish a book, all it takes is an interest in the subject matter.

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